

INTERNATIONAL POWERLIFTING FEDERATION
SA EQUIPPED CHAMPIONSHIP 2018, POTCHEFSTROOM (RSA), 30.06.2018
DETAILED SCORESHEET

SA Record

SA EQUIP LIFT CHAMPIONSHIPS (R&R), 2006-2010																							Qualified for Worlds
DETAILED SCORESHEET																							
PL.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat				All Bench Press				All Deadlift				TOTAL	W.pts.	Pts.		
Open																							
-66kg																							
1	Phukule Jerry	13.12.90	NW	63.10	0.8155	63	175.0	185.0	195.0	1	90.0	90.0	110.0	1	180.0	195.0	210.0	1	495.0	403.67	12		
2	Seleke Mpho	06.10.94	NW	62.70	0.8200	61	170.0	190.0	190.0	2	80.0	95.0	95.0	2	170.0	180.0	185.0	2	430.0	352.60	9		
-74kg																							
1	Vorster Marcel	20.12.94	GP	69.60	0.7527	24	230.0	245.0	251.0	1	162.5	170.0	175.0	1	185.0	200.0	215.0	3	626.0	471.19	12	Q (Fed)	
2	Jola Wonga	04.05.92	EC	72.00	0.7337	23	210.0	215.0	225.0	2	135.0	145.0	155.0	2	200.0	220.0	230.0	1	600.0	440.22	9		
3	Khoarai Lucas	02.01.94	NW	71.35	0.7387	26	160.0	160.0	180.0	4	100.0	105.0	105.0	3	190.0	200.0	210.0	2	475.0	350.88	8		
4	Dingaan Dingaan	01.01.90	NW	71.00	0.7414	25	155.0	155.0	162.5	3	75.0	82.5	100.0	4	155.0	170.0	190.0	4	415.0	307.68	7		
-83kg																							
1	Sibiya Edward	01.01.90	NW	82.55	0.6697	33	200.0	205.0	220.0	1	125.0	140.0	160.0	1	220.0	230.0	240.0	1	590.0	395.12	12		
-93kg																							
1	Smith Adrian	17.10.95	GP	91.85	0.6320	34	250.0	260.0	270.0	1	175.0	175.0	187.5	2	250.0	255.0	X	2	707.5	447.14	12	Q (Fed)	
2	Booyesen Eben	28.04.83	EC	92.25	0.6306	35	210.0	230.0	250.0	2	210.0	216.0	226.0	1	235.0	250.0	250.0	3	701.0	442.05	9		
3	Vercuil Cornelis	05.08.89	EC	88.65	0.6434	36	180.0	195.0	205.0	3	145.0	150.0	155.0	3	240.0	255.0	270.0	1	600.0	386.04	8		
-105kg																							
1	Vermeulen Denzel	11.02.70	WP	104.30	0.5990	38	180.0	200.0	210.0	1	110.0	115.0	115.0	1	180.0	205.0	210.0	1	520.0	311.48	12		
120+kg																							
1	Herbst Mathys	10.04.75	GP	158.40	0.5490	40	355.0	365.0	375.0	1	245.0	255.0	262.5	1	300.0	315.0	325.0	2	962.5	528.41	12	Q(Protea)	
2	Noonan Kyle	08.03.90	GP	133.35	0.5631	41	330.0	350.0	360.0	2	230.0	240.0	250.0	2	320.0	340.0	350.0	1	940.0	529.31	9	Q(Protea)	

Nation (points)

Best Lifters of Open							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Noonan Kyle	Gauteng	133.35	0.5631	940.0	529.31	1
2	Herbst Mathys	Gauteng	158.40	0.5490	962.5	528.41	2
3	Vorster Marcel	Gauteng	69.60	0.7527	626.0	471.19	1

Qualified for Worlds

Sub-Juniors																						Notes
-59kg																						
1	Monaheng Gladwin	27.08.00	NW	58.30	0.8759	9	80.0	90.0	~~105.0~~	1	80.0	~~90.0~~	~~90.0~~	1	140.0	150.0	~~165.0~~	1	320.0	280.29	12	
-66kg																						
1	Frost Devean	30.10.00	EC	62.65	0.8206	14	110.0	120.0	127.5	1	77.5	82.5	85.0	1	155.0	160.0	170.0	1	382.5	313.88	12	
2	Nojaholo Awongiwe	18.09.00	EC	65.55	0.7896	15	105.0	110.0	115.0	2	70.0	80.0	~~85.0~~	2	150.0	160.0	~~175.0~~	2	355.0	280.31	9	
-74kg																						
1	Hlanyane Mpho	21.01.00	NW	67.90	0.7674	13	165.0	170.0	~~185.0~~	1	100.0	~~105.0~~	~~105.0~~	1	175.0	200.0	~~205.0~~	1	470.0	360.68	12	Q(Protea)

Nation (points)

Best Lifters of Subjuniors							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Hlanyane Mpho	North West	67.90	0.7674	470.0	360.68	1
2	Frost Devean	Eastern Cape	62.65	0.8206	382.5	313.88	1
3	Nojaholo Awongiwe	Eastern Cape	65.55	0.7896	355.0	280.31	2

Juniors																					Qualified for Worlds	
-53kg																						
1	Monaheng Edward	25.08.97	NW	52.90	0.9639	3	95.0	100.0	100.0	2	70.0	80.0	80.0	1	100.0	130.0	145.0	1	310.0	298.81	12	
2	Phillips Ronaldo	21.09.99	NW	51.10	0.9995	2	95.0	100.0	100.0	1	65.0	70.0	70.0	2	120.0	125.0	130.0	2	285.0	284.86	9	
-59kg																						
1	Ntoagae Paseka	04.02.99	NW	63.85	0.8073	8	145.0	150.0	155.0	1	85.0	90.0	100.0	1	190.0	195.0	205.0	1	440.0	355.21	12	
2	Chaka Dalvie	13.05.98	NW	57.40	0.8889	7	120.0	140.0	145.0	2	60.0	65.0	70.0	3	150.0	165.0	175.0	2	375.0	333.34	9	
3	Kgang Moeketsi	24.04.96	NW	55.80	0.9135	1	125.0	135.0	135.0	3	70.0	80.0	90.0	2	130.0	140.0	150.0	3	355.0	324.29	8	
-66kg																						
1	Manamela Karabo	12.07.99	GP	65.45	0.7906	12	160.0	170.0	180.0	1	90.0	100.0	105.0	2	200.0	205.0	210.0	1	490.0	387.39	12	
2	Menjala Dumisan	27.07.96	NW	59.30	0.8621	66	140.0	150.0	150.0	2	110.0	110.0	112.5	1	140.0	160.0	170.0	2	410.0	353.46	9	
—	Martin Simel	07.02.98	NW	63.00	0.8166	4	140.0	145.0	X	3	80.0	85.0	90.0	3	170.0	X	X	—	DSQ	—	—	
-74kg																						
1	Longo Romeo	01.01.90	NW	69.40	0.7544	60	200.0	200.0	220.0	2	100.0	102.5	115.0	1	200.0	205.0	217.5	4	532.5	401.72	12	Q (Fed)
2	Khatale Stanley	01.01.95	NW	68.80	0.7595	19	180.0	200.0	210.0	1	90.0	110.0	110.0	5	207.5	215.0	230.0	2	530.0	402.54	9	
3	Kotsi Tshepo	13.11.97	NW	68.75	0.7599	11	165.0	170.0	190.0	4	90.0	95.0	95.0	4	220.0	240.0	250.0	1	500.0	379.95	8	
4	Ramajoe Micheal	15.09.97	NW	71.10	0.7406	21	165.0	175.0	180.0	3	100.0	100.0	120.0	3	185.0	200.0	220.0	3	500.0	370.30	7	
5	Morley Regan	21.05.96	GP	73.40	0.7235	17	160.0	160.0	X	5	110.0	110.0	X	2	165.0	185.0	205.0	5	475.0	343.66	6	
6	Scott Timothy	11.07.99	EC	71.60	0.7367	18	115.0	125.0	130.0	6	75.0	82.5	87.5	7	155.0	165.0	170.0	7	372.5	274.42	5	
7	Sebe ofentse	20.08.99	NW	73.15	0.7253	5	95.0	95.0	105.0	7	85.0	87.5	90.0	6	155.0	170.0	180.0	6	372.5	270.17	4	
-83kg																						
1	Pietersen Sint Willis	06.01.95	NW	82.30	0.6709	20	230.0	245.0	260.0	1	115.0	120.0	130.0	1	235.0	240.0	240.0	1	600.0	402.54	12	Q (Fed)
2	Gumede Lebohang	14.02.96	NW	81.70	0.6739	31	150.0	150.0	195.0	2	70.0	X	X	2	210.0	230.0	240.0	2	495.0	333.58	9	
-93kg																						
1	Smith Adrian	17.10.95	GP	91.85	0.6320	34	250.0	260.0	270.0	1	175.0	175.0	187.5	1	250.0	255.0	X	1	707.5	447.14	12	Q (Protea)

Nation (points)

Best Lifters of Juniors							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Smith Adrian	Gauteng	91.85	0.6320	707.5	447.14	1
2	Pietersen Sint Willis	North West	82.30	0.6709	600.0	402.54	1
3	Khatale Stanley	North West	68.80	0.7595	530.0	402.54	2

Masters 1																					Worlds	
-93kg																						
1	Harding Steve	02.02.72	EC	91.45	0.6333	30	160.0	170.0	180.0	1	112.5	117.5	117.5	1	180.0	190.0	200.0	1	477.5	302.40	12	
-105kg																						
1	Vermeulen Denzel	11.02.70	WP	104.30	0.5990	38	180.0	200.0	210.0	1	110.0	115.0	115.0	1	180.0	205.0	210.0	1	520.0	311.48	12	
120+kg																						
1	Herbst Mathys	10.04.75	GP	158.40	0.5490	40	355.0	365.0	375.0	1	245.0	255.0	262.5	1	300.0	315.0	325.0	1	962.5	528.41	12	Q (Fed)

Nation (points)

Best Lifters of Masters 1							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Herbst Mathys	Gauteng	158.40	0.5490	962.5	528.41	1
2	Vermeulen Denzel	Western Cape	104.30	0.5990	520.0	311.48	1
3	Harding Steve	Eastern Cape	91.45	0.6333	477.5	302.40	1

Masters 2																						Qualified for Worlds
-83kg																						
1	Quatse David	07.08.62	NW	79.00	0.6882	29	175.0	177.5	180.0	1	75.0	85.0	95.0	1	165.0	185.0	200.0	1	465.0	320.01	12	

Nation (points)

Best Lifters of Masters 2																						
Rnk	Lifter	Nation		B.Weight		WF		Total		W.Points		C.Rnk.										Qualified for Worlds
1	Quatse David	North West		79.00		0.6882		465.0		320.01		1										
Masters 3																						
-120kg																						
1	Ludik Andrew	30.06.57	EC	113.55	0.5831	39	140.0	155.0	X	1	120.0	X	X	1	180.0	X	X	1	455.0	265.31	12	

Nation (points)

Best Lifters of Masters 3																						
Rnk	Lifter	Nation		B.Weight		WF		Total		W.Points		C.Rnk.										Qualified for Worlds
1	Ludik Andrew	Eastern Cape		113.55		0.5831		455.0		265.31		1										
Masters 4																						
-66kg																						
1	Oppenheim Dan	30.06.45	GP	66.00	0.7852	10	135.0	145.0	145.0	1	80.0	85.0	90.0	1	140.0	152.5	160.0	1	395.0	310.15	12	Q (Fed)

Nation (points)

Best Lifters of Masters 4																						
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.															
1	Oppenheim Dan	Gauteng	66.00	0.7852	395.0	310.15	1															

Abbreviations:
 nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
 EC = Eastern Cape NW = North West
 GP = Gauteng WP = Western Cape